New survey findings demonstrate women's lack of awareness of uterine fibroids and their treatment options.

**A UTERINE FIBROID** is a type of tumor that occurs in the uterus. These growths are typically not dangerous but for some, the symptoms can be difficult to face.

**SYMPTOMS INCLUDE**

- Uterine pressure or pain
- Heavy menstrual bleeding
- Abdominal enlargement

**UTERINE FIBROID EMBOLIZATION (UFE)** is a minimally invasive treatment for uterine fibroids. Through a tiny incision in the skin, an interventional radiologist uses a catheter to deliver particles that block the blood vessels leading to the fibroids, causing them to shrink or disappear.

**BENEFITS OF UFE**

- Shorter recovery time
- Minimal complication risk
- Preserves the uterus
- Unlikely to cause menopause

Despite these benefits, many women don't know about UFE:

- Most have never heard of UFE
- Some think hysterectomy is the only option
- Most who know of UFE did not learn of it from their OB-GYN

**MOST WOMEN WILL BE Affected** by uterine fibroids by the time they are 50. Unfortunately, women diagnosed with uterine fibroids are not being given the information they need to make informed decisions about their health.

Of women diagnosed with uterine fibroids:

- 59% Say knowing that their doctor has discussed all options with them is the most important factor for selecting a treatment
- 44% Have never heard of UFE
- 11% Think hysterectomy is the only treatment option

For more information on uterine fibroids and treatment options, please visit our website at sirweb.org/fibroidfix

Survey Details:
The survey was conducted online within the United States by Harris Poll on behalf of the Society of Interventional Radiology between June 23 and 27, 2017 among 1,176 U.S. women ages 18+.

Sources: