

HEAL THE HEALERS



LEADERSHIP



**Martha-Grace Knuttinen,
MD, PhD, FSIR**

*Chair, SIR Wellness and Burnout
Committee
Mayo Clinic, Rochester, MN*

MEMBERS

(As of December 2)

Rachel F. Oser, MD, FSIR
Miriam L. Neuman, MD
Drew M. Caplin, MD, FSIR
Derek Mittleider, MD, FSIR
Raj Pyne, MD, FSIR
Jonathan Gross, MD
Vivek P. Padha, MD
Jaimin D. Shah, MD
Kyle J. Cooper, MD
Rajat Chand, MD
Barbara Nickel Hamilton, MD
Shiraz Rahim, MD
Kenneth Zurcher, MD
Ali Abbas Saifuddin, MD
Phillip Kim, MD
Daniel Veyg
Connor Fraser
Aisha Alam

SIR WELLNESS AND BURNOUT COMMITTEE

COMPOSITION

SIR members who have an interest in developing and implementing projects and actionable items related to wellness and burnout. Members of this committee will represent IRs and trainees in various stages of their career, working in various practice settings and locations.

CHARGE

The Wellness and Burnout Committee will work to raise awareness to the society about wellness and burnout in medicine. The group will be responsible for staying abreast of the latest information regarding this topic and will work to educate SIR members. This committee will collaborate with other sections and committees representing SIR's membership.

DUTIES, FUNCTIONS, DELIVERABLES

- All projects pertaining to burnout and wellness will be discussed within this committee. Society projects will emanate from this committee with the expectation to collaborate with other groups within SIR.
- This committee will collaborate and communicate with SIR sections (Women in IR, RFS, APDIR, ECS, APDIR, ACIR, etc.) about topics or resources pertaining to their membership.
- This committee will also collaborate with other established SIR/SIR Foundation committees or divisions (e.g. SIR Diversity and Inclusion Advisory group, Annual Meeting Committee etc.)
- This committee will produce annual goals with accompanying strategies and workplans.
- This committee is domiciled under the Member Services division. Budgetary requests will need to be included within SIR's annual budget process.
- The Member Services Division Councilor will report to the Executive Council and/or Operations Committee.